



# The TRAVELLERS REST



## Light Meals

**Soup of the Day £5.95**

Sourdough, Butter

**Hummus Duo £7.95**

Roasted Pepper and Truffle Hummus, Olives, Sourdough (V)

**Black Pudding Sausage Roll £7.95**

Apricot + Cranberry Chutney, Baby Leaf

**Salt and Pepper Squid £10.95**

Lime Aioli, Dressed Rocket

## Ciabattas

**Grilled Vegetables and Red Pepper Hummus £9.95**

Crisps, Salad Garnish (V) (Df)

**BLT £10.95**

Smoked back Bacon, Gem Lettuce, Beef Tomato, Honey Mustard Mayo, Crisps, Salad Garnish

**Mozzarella, Tomato and Basil £10.95**

Crisps, Salad Garnish (V)

**Chicken and Bacon Club £11.95**

Cos Lettuce, Mayo, Crisps, Salad Garnish

**(Add a Bowl of Soup to Sandwiches for £3.50)**

## Mains

**Ploughman's Lakeland Board £13.95**

Garstang Blue Cheese, Cumbrian Cheddar, Honey Roast Ham, Ham Hock Terrine, Sausage Roll,  
Pickled Onion, Westmorland Chutney, Sourdough

**Whitby Scampi and French Fries £14.95**

Garden Peas, Tartare Sauce, Lemon

**Chicken Caesar Salad £15.95**

Crisp Bacon, Romaine Leaves, Anchovies, Parmesan

**Chickpea and Green Lentil Dahl £16.95**

Cardamom Rice, Naan, Onion Bhaji, Lime (Vg) (Df)

**Wainwrights Beer Battered Fish and Chips £17.95**

Chunky Chips, Homemade Tartare Sauce, Mushy Peas, Lemon

**8oz Venison Burger £17.95**

Brioche Bun, Black Garlic Ketchup, Smoked Streaky Bacon, Cumbrian Cheddar, French Fries, Red  
Cabbage Slaw

**8oz Sirloin Steak £24.95**

Chunky Chips, Grilled Mushroom and Tomato, Baby Leaf, Cream Pepper Sauce (Gf)

## Sides

Bowl of Chips £3.75 (Gf) (Df) (with cheese £4.75),

Tossed Salad £3.95 (Gf) (Df),

Garlic Bread £3.95 (with cheese £4.95)

Seasonal Vegetables £4.75 (Gf) (Df)

Pan Gravy Boat £2.00

## Dessert

**Caramelised Damson Rice Pudding £6.95**

Damson Compote, Pouring Cream Jug (Gf)

**Raspberry and Blackcurrant Sorbet £6.95**

Coulis and Fresh Berries (Df, Vg, Gf)

**Original Sticky Toffee Pudding £7.95**

Thunder and Lightning Ice Cream, Toffee Sauce

**Platter of Local Cheeses £9.95**

Grapes, Celery, Crackers, Spiced Apricot and Cranberry Chutney, Butter

## Kids Menu

**Chefs Soup of the Day £4.50**

Sourdough, Butter

**Cumberland Sausage £6.95**

Mash / Chips, Peas / Beans

**Chicken Breast Nuggets £6.95**

Mash / Chips, Peas / Beans

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**Milky Bar Sundae £4.25**

Vanilla Ice Cream, Chocolate Sauce, Milky Bar

**Smartie Brownie £4.95**

Vanilla Ice Cream, Chocolate Sauce, Smarties

## Hot Drinks

Espresso £2.95 / Double Espresso £3.95

Americano £3.50

Cappuccino £3.95

Latte £3.95

Flat White £3.95

Mocha £3.95

Hot Chocolate £3.95

Selection of Teas £3.50